

CALUMET'S
SPRINGTIME MID-WEEK RETREAT
FOR WOMEN APRIL 14-16, 2026
Theme: Let My Life be Prayer

Tuesday

2:00pm Arrival, check into rooms, enjoy a walk around camp

3:00pm Welcome Session in the Micah Room

4:30pm Labyrinth walk

5:30pm Dinner at the Conference Center

7:00pm Zentangle with Cindy

Wednesday

7:45-8:30am Breakfast Buffet in the Conference Center

8:30-9:00am Morning Walk

9:15am Morning Devotions and Singing in the Micah room

9:30am Theme Session

10:30am Break

10:45am Craft

12:00pm Lunch in the Conference Center

1:00-5:00pm Free Time

- Meditation & Yoga with Lanelle in Micah Room
- Shopping
- Reading a book
- Taking a nap
- Walking/running
- Chair massage appointments for an additional fee

5:30pm Dinner in the Conference Center

7pm: Evening Program: Yoga Nidra with Dixie Lea

Thursday

7:45-8:30am Breakfast Buffet at the Conference Center

8:30-9:00am Morning Walk

9:15am Morning Devotions and Singing in the Micah Room 9:30am

Final Theme Session

10:30am Break

10:45am Closing Worship in the Micah Room

12:00pm Lunch in the Conference Center Dining Room Goodbyes and Safe Travels!!